

JACQUELINE FLETCHER. DIRECTOR CUYAHOGA COUNTY DIVISION OF CHILDREN AND FAMILY SERVICES 3955 EUCLID AVE. CLEVELAND. OH 44115 HTTP://OCWTP.NET/NCORTC.HTML

HHS DEPARTMENT OF LEARNING & PROFESSIONAL DEVELOPMENT STAFF

Mission Statement:

The North Central Ohio Regional Training Center is an educational resource and support system which implements the mission of the Cuyahoga County Division of Children and Family Services by providing a learning environment for continuous performance improvement of agency staff, foster parents, and targeted community partners.

Phone: (216) 881-5667 Fax: (216) 432-3516 HHS DEPARTMENT OF LEARNING AND PROFESSIONAL DEVELOPMENT STAFF NAME TITLE PHONE EMAIL **Brenda** Payne **Training Manager** (216) 432-3357 Brenda.Payne-Riley@jfs.ohio.gov Lois Roberts (216) 881-4345 Lois.Roberts@jfs.ohio.gov **HHS Training Supervisor** Tammy Jackson **HHS Training Supervisor** (216) 881-4052 Tammy.Jackson@jfs.ohio.gov **Courteney Clemons HHS Training Supervisor** (216) 561-5653 Courteney.Clemons@jfs.ohio.gov Alice Legg (216) 881-5814 Alice.Legg@jfs.ohio.gov **HHS Training Specialist** Amethyst Brigham (216) 939-2408 Amethyst.Brigham@jfs.ohio.gov **HHS Training Specialist HHS Training Specialist** Amanda.Aliff@jfs.ohio.gov Amanda Aliff-Fernandez (216) 698-7440 Amanda Stover **HHS Training Specialist** (216) 881-5294 Amanda.Stover@jfs.ohio.gov Jen Creswell **HHS Training Specialist** (216) 698 2459 Jennifer.Creswell@jfs.ohio.gov Pam Smith (216) 881-5390 **HHS Training Specialist** Pamela.Smith2@jfs.ohio.gov Sharita Jackson **HHS Training Specialist** (216) 881-4543 Sharita.Jackson@jfs.ohio.gov **Tanya Washington** (216) 635-3823 Tanya.Washington@jfs.ohio.gov **HHS Training Specialist** TaWanda McCoy **Caregiver** Coach (216) 698-2984 TaWanda.McCoy2@jfs.ohio.gov

WESTSHORE OPOCITIONITY CENTER 9830 Lorain Ave. Cleveland, OH 44102



Please note that this building is a mandatory X-ray and metal detector building. This means that everyone who enters the building must go through these machines as well as their belongings daily.



Courageous Hearts Cafe

Take a pause. Find your people. Strengthen your journey.

Being a foster caregiver is a journey filled with joys, challenges, and everything in between. At the cafe, you're invited to take a break, share your story, and hear from others who truly get it.

Whether you're looking for tips, encouragement, or a listening ear- you'll find it here.

What to expect

- Open, meaningful conversations about foster parenting
- A safe, supportive environment to share challenges & wins
- Practical tips and ideas from others on the same path
- A sense of connection- because you're not alone
- Opportunity to receive training credit
- Free meal and childcare at all in-person cafes
- Chance to win a **\$50 gift card** at each session



Click <u>here</u> or **scan the QR code** to choose the date and location that work best for you!

Registration is required. A member of our team will reach out to confirm.







CAREGIVER COACH PROGRAM

We are excited to announce a new service for caregivers!

Caregiver Coaching is a short-term intervention that provides foster, adoptive, and kinship caregivers interested in becoming certified with hands-on, here and now tools for bringing about rapid and dramatic improvement in their skill set.

Through a variety of formats, including both in-person and virtual, the coach works with caregivers to provide a customized experience that includes teaching effective parenting methods and enhancing their knowledge of community based resources.

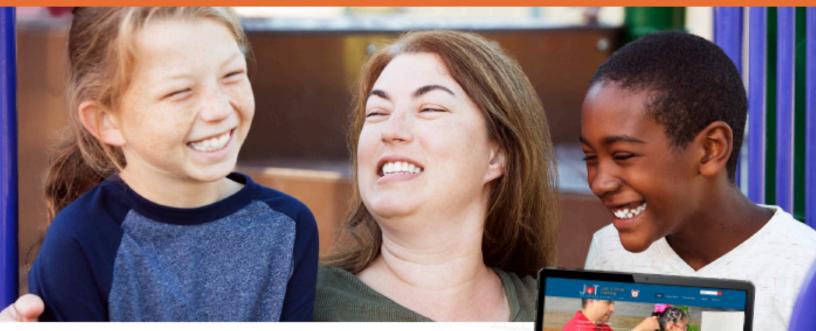
For more information please contact: Tawanda.Mccoy2@jfs.ohio.gov Office 216.698.2984 Cell 216.304.1402 or visit the <u>DCFS Intranet</u>



Cuyahoga County Division of Children and Family Services



Welcome to Just in Time Training, Cuyahoga County Your Hub for Foster Caregiving!



Connect, Learn, and Empower Your Caregiving Journey.

Discover What Just in Time Training Has to Offer

 Comprehensive Learning Management System (LMS):

Gain access to a library of over 200 specialized courses designed to enhance your skills and knowledge as a foster caregiver. Topics include Behaviors, Attachment, Trauma, Transitions, Working with Birth Families, Autism, Health and Wellness, and more!

- A Website with Resources at Your Fingertips: Access a wealth of resources, including articles, toolkits, and guides, tailored to help you navigate the challenges of foster caregiving.
- Stay Updated: Get the latest news and updates on foster care policies, events, and opportunities.
- Live Webinars: Join our monthly live webinars to engage directly with experts and get your questions answered in real-time.

Sign Up Today and Start Your Journey!

Visit <u>www.JITCuyahoga.org</u> to explore our website resources and access the LMS to become part of a supportive and knowledgeable community.

Why Enroll in Our LMS?

- Access Comprehensive Training: Equip yourself with the latest knowledge and skills to provide the best care.
- Flexible Learning: Learn at your own pace, anytime, anywhere.
- Earn Certificates: Meet continuing education requirements with our certified courses.
- Free Access: Cuyahoga County DFS provides access for their caregivers and professionals that support them.

Questions? Email us at jitsupport@usf.edu











JUST IN TIME TRAINING LIVE WEB EVENT

Register

DANGERS OF VAPING: What parents Need to know

DATE Wednesday, July 30, 2025

TIME

12:30 pm – 1:30 pm Eastern 11:30 am – 12:30 pm Central 9:30 am – 10:30 am Pacific

DESCRIPTION

This training will help parents understand and recognize the tobacco industry tactics targeting youth and explains the dangers of nicotine and e-cigarettes/vapes. It will also allow parents to know the steps to take to protect youth and be empowered to take action.

Resource Parent Training

To learn more about our training for foster, adoptive and kinship parents, check out the links below!









Content

Experts

Endorsements & Partnerships

Foster Parent College Login Page: https://www.fosterparentcollege.com/

Welcome to FosterParentCollege.com

	Get Started		Lo	ig In		
	Home About FPC ~ FPC News ~ F	ree Reso	ources Send a Comment	Welcome! Log In Here		@ Help
FPC FosterParentCollege.com				Email	Log In	
Online Training for Caregivers, Parents, and Agency Staff				Password	©	
Courses \lor For Parents \lor For Agency Staff \lor				▶ Forgot Password	Create an Account	

We provide innovative, interactive online courses for foster, adoptive, and kinship parents. Our self-paced training is accessible 24 hours a day, 7 days a week.



It's My Marriage! (2nd Edition)



Building Trust, Motivating Change



Understanding Sex Trafficking



Lying vs. Telling Untruths



Eating & Food Issues







TOPIC EXAMPLES

Supporting LGBTQ+ Youth in Care



Could It Be FASD?



Problematic Sexual Behaviors (Advanced Parenting Workshop)



Healthy Sexual Development Autism: A Strength-Based Approach



Preparing Teens for Postsecondary Education

Social & Physical

Aggression (Advanced Parenting Workshop)



Escalating Behavior Unwrapped



Children Entering Care Physical Health Issues



GUIDELINES FOR AN OPTIMAL LEARNING ENVIRONMENT

Program Structure

The OCWTP is a cooperative effort of the Ohio Department of Job and Family Services, the Public Children Services Association of the Ohio, the Institute for Human Services, and eight Regional Training Centers (RTCs). Funding for the program is provided by the Ohio Department of Job and Family Services.

> Calendar The Training calendar is distributed on a quarterly basis:

> > Winter (January-March) Spring (April-June) Summer (July-September) Fall (October-December)

1) Missing more than 5 minutes per credit hour of training content will require you to retake the training complete session.

2) Electronic devices should be silenced during training sessions and used outside of the learning environment when needed.

3) All virtual sessions will be held on Zoom. Each participant must connect individually from a laptop, desktop computer, or tablet.

4) Cameras are required to be on for the entire duration of the virtual sessions. The class and chat are recorded and saved to track participation.

5) Minimize distractions-obtain childcare prior to the start of a session.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Image: Series of the series	2	3		5

July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7	8 The Education Rights of Children in Foster Care in Ohio Sharon Dunlevy Chris Cross 6pm to 8pm Location: Virtual Session ID# CPS-NCORTC-CG# 23339 Cancelled	9	Image: constraint of the systemImage: constraint of the systemSecond of the system <t< th=""><th>Location: Westshore Session ID: CPS-NCORTC-CG #23429</th><th>12 Trauma Related Behaviors Jody Johnston Pawel Chris Cross 9:00a-11:00a Location: Virtual Session ID# CPS-NCORTC-CG- 23342 Trauma Informed Parenting Jody Johnston Pawel Chris Cross 11:15a-1:15a Location: Virtual Session ID# CPS-NCORTC-CG- 23343 RR</th></t<>	Location: Westshore Session ID: CPS-NCORTC-CG #23429	12 Trauma Related Behaviors Jody Johnston Pawel Chris Cross 9:00a-11:00a Location: Virtual Session ID# CPS-NCORTC-CG- 23342 Trauma Informed Parenting Jody Johnston Pawel Chris Cross 11:15a-1:15a Location: Virtual Session ID# CPS-NCORTC-CG- 23343 RR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	15 Creating a Stable, Nurturing, and Safe Home Environment Sharon Dunlevy Chris Cross 6:00p-8:00p Location: Virtual Session ID# CPS-NCORTC-CG- 23340 CPS-NCORTC-CG- 23340	16	JONT17Bedtime is a Nightmare! Common Bedtime Hassles & Trauma-Related Sleep IssuesJ. Johnston-Pawel Cierra Cross 6pm to 9pmLocation: VirtualSession# CPS-NCORTC-CG- 23344	18	19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
21	22 Parenting a Child with a History of Sexual Trauma Ronna Johnson 6:00p-7:30p Location: Virtual Session ID# CPS-NCORTC-CG- 24214 Preparing for and Managing Intrusive Questions Ronna Johnson 7:45p-8:45p Location: Virtual Session ID # CPS-NCORTC- CG- 24213	Stress, Anxiety Relief with EFT/Tapping- Introduction Tijuana Coso Roland Cross 6:00p-9:00p Location: Virtual Session ID# CPS-NCORTC-CG- 23474	Correcting Principles Kristen King 9:00AM - 4:00PM Location: Westshore Session ID# CPS-NCORTC-21378	25	26

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30 Communicable Diseases Megan Wendling, Kandice Chapman, Gpm to 9:15pm Location: Virtual Session ID# CPS-NCORTC-CG- 23605	31		

Trust-Based Relational Intervention (TBRI) Module 1: Introduction and Overview	July 1, 2025	6:00pm- 9:00pm	Jayne Schooler, Trainer	Virtual-Session #23490
Resource Readiness – Impact of Trauma				
This training, module one of the TBRI serie from a hard place, and helping these child with their children immediately. This course is approved for Resource Reac promoting attachment" for newly certified	ren (and the fa liness training l caregivers.	mily) heal and connected in the topic "T	ect. Participants will learn to rauma and its impact on ch	ools they can put into action
This training is a condensed version of Tru	st-Based Relat	ional Intervention N	lodule 1.	
The Education Rights of Children in Foster Care in Ohio	July 8, 2025	6:00pm - 8:00pm	Sharon Dunlevy, Trainer	Virtual-Session #23339
Resource Readiness - EDUCATION ADVOCAC Since 2016, children in foster care nationall Succeeds Act (ESSA), however, there are still mplement or enforce them as they should. aws so that the students in their care hav career.	y have had very many school a It is important	nd child welfare syste for every foster pare	ems that do not understand t ent to know the rights protec	hese rights and therefore do no ted under ESSA as well as othe
(BRI: Empowering Principles	July 10, 2025	9:00am-4:00pm	Kristen King, Trainer	Westshore-Session #21376
This module of the Trust-Based Relational behavior, strategies for meeting children's This training also creates a bridge betweer Empowering Voices: Understanding Bullying, Supporting Victims, and	sensory needs	s, and tools for maki		
Activating Bystanders		•		
The new generation of bullying is vastly di of people involved in the bullying process Topics will range from verbal intimidation skills that will create walls of protection fo	and learners w to the physical	ill discover ways of	intervening to curb the neg	ative effects of bullying.
Trauma Related Behaviors	July 12, 2025	9:00am- 11:00am	Jody Johnston-Pawel, Trainer	Virtual-Session #23342
Resource Readiness - TRAUMA AND ITS IMP This course helps participants learn how ch that, in turn, can change the ways children perceived and actual threat and the reasons down. Also covered are the reasons for re complex range of behaviors.	aos, threat, neg think, feel and a s for and range	lect, and other adve act. Participants will of adaptive sympton	rsity during development can understand the major stress ns from inattention and distra	-responses we use to cope wit actibility to avoidance and shut
Trauma Informed Parenting	July 12, 2025	11:15am-1:15pm	Jody Johnston-Pawel, Trainer	Virtual-Session #23343
Resource Readiness - TRAUMA AND ITS IMP This course helps participants learn the thre Trauma support resources for children are d children; recognize the importance of conne promote healthy behaviors; and recognize th reactive and the difference between discipli	e Rs (Regulate, lescribed. Partic ected parenting ne importance c	Relate, Reason) and o sipants will recognize and the relationship of parent's self-regula	other practical trauma-inforn the importance of finding ac as the foundational cornerst	ned parenting strategies. tivities to have fun with one; understand how to

Creating a Stable, Nurturing, and Safe Home Environment	July 15, 2025	6:00pm-8:00pm	Sharon Dunlevy, Trainer	Virtual-Session #23340				
Resource Readiness – FAMILY SAFETY This course helps participants become aware of strategies to make children impacted by trauma and loss feel psychologically and physically safe and covers how to set up a home to be safe for all household members. This course also covers how the sense of safety ties to behaviors, how to set boundaries, and how to show consistency and predictability using routines and rituals. How to be attuned to children and understand safety from a child's perspective is also highlighted.								
Bedtime is a Nightmare! Common Bedtime Hassles & Trauma-Related Sleep Issues	July 17, 2025	6:00pm-9:00pm	Jody Johnston-Pawel, Trainer	Virtual-Session #23344				
Getting children to bed on time, asleep, and st have sleep issues related to trauma, like night solutions to the Top Ten Bedtime Hassles.								
Parenting a Child with a History of Sexual Trauma	July22, 2025	6:00pm-7:30pm	Ronna Johnson	Westshore-Session #23468				
Resource Readiness - CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED This course identifies the indicators of sexual abuse and the impact of interrupted sexual development, highlighting the unique challenges associated with parenting children who have been sexually abused. The potential risk factors for children who have experienced sexual trauma including re-victimization, sexual trafficking, and re-enactment behaviors are covered. Effective parenting strategies that can help keep children safe and help them heal from sexual trauma are highlighted.								
Preparing for and Managing Intrusive Questions	July 22, 2025	7:45pm-8:45pm	Ronna Johnson	Westshore-Session #23469				
Preparing for and Managing Intrusive	a child to join the community. Strat	family, including ho	w to honor the child's priva	.cy and how to use strengths-				
Preparing for and Managing Intrusive Questions This course helps prepare family and friends for based language to introduce the child into the	a child to join the community. Strat	family, including ho	w to honor the child's priva	.cy and how to use strengths-				

TBRI: Correcting Principles	July 24, 2025	9:00am-4:00pm	Kristen King, Trainer	Westshore-Session #21378				
This module of the Trust-Based Relational Intervention (TBRI [®]) series will focus on understanding and implementing the proactive and responsive strategies within the corrective principles of TBRI [®] . In the proactive strategies we explore the benefits of balancing nurture and structure, and introduce and explore four parenting styles. We will examine the benefits of the nurture group, as well as the necessity and strategies for teaching social and behavioral skills. In the responsive strategies we will explore the IDEAL Response© and the Levels of Response(TM).								
Communicable Diseases	Communicable DiseasesJuly 30, 20256:00pm-9:15pmMegan Wendling, TrainerVirtual-Session #23605							
The primary purpose of this training course is to educate caregivers in identifying signs and symptoms of illness and contagious conditions, protect themselves from exposure, learn how to respond to an exposure risk, and how to transfer their knowledge to educate family and children in the home. The course content and activities will prepare caregivers to make appropriate decisions								

about preventing and educating on communicable disease transmission.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2

August Certified Caregiver

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5	6	Control7ADHD Among Children and Adolescents1Stacy Simera Chris Cross 6pm to 9pm1Location: Virtual1Session # CPS-NCORTC- CG-233451	8	9

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11	12 Beyond Burnout: How Foster Caregivers Can Build Resilience While Caring for Children with ADHD Cassandra Reineck Chris Cross 6pm to 9pm Location: Virtual Session# CPS-NCORTC-CG- 23348	13	<text><text><text><text></text></text></text></text>	15	16 Behavioral Triggers of Traumatized Children: Prevention and Reactions 9am to 4pm D. Zidar Location: Westshore Session # CPS-NCORTC-CG- 23445 JOINT SESSION Youth Development: Vital Link 9am to 4pm Olena Sowers Location: Westshore Session # CPS-NCORTC- CG-23442

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18	19 Understanding the Legal Process and the Role of the Foster Caregiver in Child Welfare Cases Linda Julian Cierra Cross 6pm to 9pm Location: Virtual Session ID # CPS-NCORTC-23611 RR	Vising Positive Psychology and Clinical Resilience, Wellness, and Happiness in Prevention and Management of Mental Health DisordersStacy Simera Chris Cross 9am to 12pmLocation: VirtualSession ID # CPS-NCORTC-23191	Control21Substance Use and Abuse among Children and Teens: Prevention, and 	22	23

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26 Understanding Addiction for Resource Parents Sabrina Pittman 6pm to 9pm Location: Westshore Session ID # CPS-NCORTC-23693	27	28	29	30

August Certified Caregiver

ADHD Among Children and Adolescents						
	August 7, 2025	6:00pm-9:00pm	Stacy Simera, Trainer	Virtual-Session #23345		
The purpose of this workshop is to educa DSM diagnostic criteria and evidence-ba		_	-	icit hyperactivity disorder.		
Beyond Burnout: How Foster Caregivers Can Build Resilience While Caring for Children with ADHD	August 12, 2025	6:00pm - 9:00pm	Cassandra Reineck, Trainer	Virtual-Session #23348		
This course delves into the complex worl effective support. Participants will gain a ADHD and trauma, considering how these burnout, aiming to promote resilience an caregivers balanced, resilient, and empor thrive.	nd understandin e factors may pre d healing for care	g of ADHD symptom esent uniquely in fos egivers while develo	is and diagnosis, and examin ter care. Additionally, the c ping personalized self-care	ne the intersection of ourse addresses caregiver strategies to keep		
Anxiety Disorder Among Children and Adolescents: Recognition and Interventions	August 14, 2025	6:00pm-9:00pm	Stacy Simera, Trainer	Virtual-Session #23346		
The purpose of this course is to educate caregivers on the diagnosis and treatment of child and adolescent anxiety disorders. Primary focus will be on Diagnostic and Statistical Manual of Mental Disorders (DSM) diagnostic criteria and evidence-based treatment practices.						
Behavioral Triggers of Traumatized Children: Prevention and Reactions	August 16, 2025	9:00am-4:00pm	David Zidar, Trainer	Westshore-Session #23445		
Identification of behavioral triggers in for Triggers are rooted in trauma. If caregive it will improve the outcomes for the child triggers, you can set the stage to reduce	rs have an unders Iren and the pare	standing of social his ents' care (Both foste	story, functional analysis, a er and primary families). Wh	nd de-escalation strategies,		
behaviors.		u have strategies for	r how to lessen the severity			
	August 16, 2025	9:00am-4:00pm	r how to lessen the severity Olena Sowers, Trainer	of the subsequent		
behaviors.	August 16, 2025 poked resource. A y will youth enhai experiences. Par naking, and assis urces. Participan	9:00am-4:00pm gencies can improvence agency program ticipants will learn c t in program implem ts will explore levels	Olena Sowers, Trainer e their independent/transit s, youth themselves will de reative ways of empowerin entation. Barriers and bene of youth involvement in inc	of the subsequent Westshore-Session #23442 onal living programs by velop confidence and self- g youth by allowing them to fits will be discussed as dependent/transitional		
behaviors. Youth Development: Vital Link Youth are a tremendous and often overlo utilizing the skills youth possess. Not only esteem through the contribution of their take on leadership roles, aid in decision-r well as attitudes regarding youth as reso	August 16, 2025 poked resource. A y will youth enhai experiences. Par naking, and assis urces. Participan	9:00am-4:00pm gencies can improvence agency program ticipants will learn c t in program implem ts will explore levels	Olena Sowers, Trainer e their independent/transit s, youth themselves will de reative ways of empowerin entation. Barriers and bene of youth involvement in inc	of the subsequent Westshore-Session #23442 onal living programs by velop confidence and self- g youth by allowing them to fits will be discussed as dependent/transitional		

August Certified Caregiver

Using Positive Psychology and Clinical Resilience, Wellness, and Happiness in Prevention and Management of Mental Health DIsorders	August 20, 2025	9:00am- 12:00pm	Stacy Simera, Trainer	Virtual-Session #23191			
In the past, researchers thought the best way to improve human functioning was to understand and prevent disease. In recent years, however, we have recognized that much can be gained by examining and understanding the ingredients for wellness. Positive psychology refers to the study of happiness, as opposed to the study of unhappiness; and recent research shows that positive psychology as a modality can be as effective as CBT in the treatment of depression. In this workshop participants will explore the research and identify tools to help clients flourish and build resilience in their lives.							
Substance Use and Abuse Among Children and Teens: Prevention, Recognition, and Intervention	August 21, 2025	6:00pm- 9:00pm	Stacy Simera, Trainer	Virtual-Session #23347			
This training will review the substances of introduce treatment options and technic			dolescents, define addiction	paths and criteria, and			
Understanding Addiction for Resource Parents	August 26, 2025	6:00pm- 9:00pm	Sabrina Pittman, Trainer	Westshore-Session #23693			
RESOURCE READINESS- Substance Abuse Understanding addiction is becoming more and more important to the role of resource parents. It has been reported that roughly 60-75% of cases in child welfare are due to some form of substance abuse. Caring for the whole child includes educating ourselves on the child's experiences, traumas, challenges faced by the child's primary family, and what needs they will have based on that information. The information presented in this training will assist caregivers in being more knowledgeable about substance use disorders and how they can best support the children in their care who are coming from environments where substance abuse has been an underlying issue.							

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 *LABOR* *** DAY	2	3	4 Impact of Substance Use C. Toro-Wooten Chris Crpss 6pm to 7:30pm Location: Virtual Session # CPS-NCORTC-CG- 23352 Maintaining Children's Connections with Siblings, Extended Family Members, and Their Community C. Toro-Wooten Chris Cross 7:45p-8:45p Location: Virtual Session ID# CPS-NCORTC-CG- 23354	5	Lifelong Connections: Permanency for Older Youth 9am to 4pm Olena Sowers Location: Westshore Session # CPS-NCORTC-CG- 23443

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8	9	10	11 Connect: Supporting Children Exposed to Domestic Violence 6pm to 9pm Michele Bell Roland Cross Location: Virtual Session # CPS-NCORTC-CG- 23444	12	13

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
15	Location: VirtualSession # CPS-NCORTC-CG- 23602	17	Joint 18 Behavior Management David Zidar 6pm to 9pm Location: Westshore Session # CPS-NCORTC-CG- 23446	19	20

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22 Foster Care: A Means to Support Families N. Musser Chris Cross 6:00p-7:30p Location: Virtual Session ID # CPS-NCORTC-CG- 23356 RR Mental Health Considerations N. Musser Chris Cross 7:45p-8:45p Location: Virtual Session ID # CPS-NCORTC-CG- 23358 RR	23	24	JOINT 25Invisible InjuriesPaula Walters 9am to 4pmLocation: WestshoreSession # CPS-NCORTC-23248	26	27

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30				

Impact of Substance Use	September 4, 2025	6:00pm-7:30pm	Carmen Toro-Wooten, Trainer	Virtual-Session #23352			
RESOURCE READINESS - SUBSTANCE ABUSE This course helps participants understand the short and long-term impact on children exposed to substances prenatally including FASD. Also covered are issues that may be present if parents use(d) substances and medical issues that can arise due to substance exposure including a higher risk of later addiction. The genetic component of addiction and addiction as a chronic disease is described. This course also shares parenting strategies for children exposed to substances prenatally.							
Maintaining Children's Connections with Siblings, Extended Family Members and Their Community	September 4, 2025	7:45pm-8:45pm	Carmen Toro-Wooten, Trainer	Virtual-Session #23354			
Resource Readiness - MANAGING PLACEMENT TRANSITIONS This course helps participants understand the importance of integrating and maintaining on-going communication and connection between siblings, including understanding sibling dynamics and the importance of sibling bonds. Tips for how to navigate and support visits with siblings are shared. This course also helps participants recognize the importance of maintaining connections with extended family members and the community at large (i.e., schools, church, friends, sporting teams) and identifies strategies to keep children connected to their community. The role of parents who are fostering in maintaining these connections is highlighted.							
Lifelong Connections: Permanency for Older Youth	September 6, 2025	9:00am-4:00pm	Olena Sowers, Trainer	Westshore-Session #23443			
When planning for permanency with adolescents, we have to think and use approaches differently from when planning for younger children. Permanency for older youth is not centered around the living arrangement; it is not simply providing independent living services; and it is not just offering adoption. Instead, it provides youth with the opportunity to forge lifelong permanent connections to people they identify as important. This training allows participants to experience the impact of permanent connections and grasp why they are important. Finally, participants will come to understand how adolescent development relates to permanency.							
Connect: Supporting Children Exposed to Domestic Violence	September 9, 2025	6:00pm-9:00pm	Michele Bell, Trainer	Virtual-Session #23444			
A basic and interactive virtual three-hour tra domestic violence on children, and strategie	-			-			
Affirming Transgender, Gender, Non- Conforming/Non-Binary (TGNCNB) Youth	September 16, 2025	6:00pm-9:00pm	Cory Chan-Frederick, Trainer	Virtual-Session #23602			
In this workshop, we will cover topics related to TGNCNB youth and their challenges. We will discuss current events affecting them, provide definitions of sexual orientation and gender identity terms, and explore the guidelines for supporting TGNCNB youth provided by ODJFS. Additionally, we will focus on training and supporting foster parents in creating an affirming environment. The workshop will dive into the biology of sex and the social construction of gender as we unpack the ever-evolving landscape of gender-affirming care in Ohio and the standards set by the World Professional Association for Transgender Health for social and physical transitioning. We will address transphobia and its different levels of oppression and offer strategies to counter it. Furthermore, we will share resources that can help foster an affirming environment for TGNCNB youth. Throughout the workshop, we will engage in both large and small group discussions to explore important questions such as how can we ensure that transgender youth in foster care receive appropriate and affirming healthcare, including access to gender-affirming treatments or therapies, what steps can be taken to provide a safe and inclusive living environment for transgender youth in foster care, where they feel supported and respected, how can we address potential challenges or conflicts that may arise between foster parents and transgender youth in terms of understanding and respecting their gender identity, and many more.							

Behavior Management	September 18, 2025	6:00pm-9:00pm	David Zidar, Trainer	Westshore-Session #23446			
This learning, Behavior Management, is simply just that - how to manage behavioral issues. The learning goes through the continuum of behaviors that all children may present, from stealing to physical assault. The goal of this session is to provide the skills to manage these behaviors with a reduced level of reactivity. This session is recommended for anyone who works with children or manages an environment where children exhibit challenging behaviors.							
Foster Care: A Means to Support Families	September 22, 2025	6:00pm-7:30pm	Nadine Musser, Trainer	Virtual-Session #23356			
Resource Readiness - MANAGING PLACEMENT TRANSITIONS This course helps participants understand the child welfare experience from the perspective of the child's parents and supports finding compassion for parents and the challenges they may be facing. Strategies to nurture children's relationships with their parents and to integrate and maintain on-going communication and connection between parents and children are covered. This course describes the potential challenges in partnering with the child's parents and for helping children prepare for visits, including understanding and managing reactions to visits.							
Mental Health Considerations	September 22, 2025	7:45pm-8:45pm	Nadine Musser, Trainer	Virtual-Session #23358			
The course will cover what FASDs are, the primary symptoms of this brain-based disability, the difference between willful misbehavior and symptoms of FASD, how secondary symptoms can cause misdiagnoses, and how to find the support and help needed to get a child diagnosed and properly supported.							

visible Injuries: The impacts of Trauma 202		9:00am-4:00pm	Paula Walters, Trainer	Westshore-Session #23248
auma is not segregated pockets of events or oc e events that layer upon each other, forcing the tween healthy and harmful environments. The ckle one component of trauma independently f allenged to confront their own bias regarding t	hese events to e intention of / from the oth	o be intertwined. Wh this workshop is to ers. Attendees will a	nen this occurs, a person dismantle these silos, as address myths that surro	n is not able to differentiate s treatment cannot only bund abuse, and be

Thank You Kinship Caregivers!

Over 600 children in Cuyahoga County live with relatives or family friends while their parents work on rebuilding their lives. If you or someone you know is caring for a relative's child we have resources to help.

Please visit hhs.cuyahogacounty.gov or scan the QR code for more information.

KINSHIP CARE RESOURCES

Keeping Children Connected to Family

Grandparents and other relatives or kin play an important role in the family. We strive to provide resources and support to those grandparents and relatives who help sustain healthy families and strong communities.

Visit: <u>bit.ly/CuyahogaKin</u>





Division of Children and Famil

Cuyahoga County Division of Children and Family Services www.hhs.cuyahogacounty.gov/dcfs 216-431-4500 Child Abuse/Neglect Hotline: 216-696-KIDS (5437)

